

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</p> <p>1:00 "All About Steve" Movie</p>	<p>2</p> <p>9:45 Chair Yoga 10:15 Yahtzee! 11:15 Morning Messages</p> <p>2:30 VINE Music</p> <p><small>Purim Begins</small></p>	<p>3</p> <p>10:00 Bible Study with Paul Puzzles and games (2nd floor)</p> <p>2:00 Banana Cream Pie Day (2nd): Treat and Pie Trivia</p>	<p>4</p> <p>9:45 Rosary 10:00 Catholic Mass</p> <p>2:30 Lutheran Service with Pastor Nelson</p>	<p>5</p> <p>9:45 Morning Move and Groove 10:15 Annie Oakley Games 11:15 Morning Messages</p> <p>2:00 Suncatcher Craft</p>	<p>6</p> <p>9:45 Friday Fit and Flex 10:30 Music Memories with Kristen</p> <p>2:00 BINGO and treats</p>	<p>7</p> <p>1:00 Movie "20,000 Leagues Under the Sea" and Popcorn</p>
<p>8</p> <p>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</p> <p>1:00 "Drop Dead Gorgeous" movie</p> <p><small>Daylight Saving Time Begins</small></p>	<p>9</p> <p>9:45 Chair Pilates 10:15 Sorry! Board Game 11:15 Morning Messages</p> <p>2:00 Virtual Tour of London</p>	<p>10</p> <p>10:00 Bible Study with Paul; Puzzles and games (2nd floor)</p> <p>2:00 Hosanna Lutheran Service</p>	<p><u>Mass at West</u> 11</p> <p>10:00 Resident Counsel: Discuss April Activities</p> <p>2:00 Social Hour</p>	<p>12</p> <p>9:45 Sit and Be Fit 10:15 6,5,4 Dice Game 11:15 Morning Messages</p> <p>11:45 HOOVER visit</p> <p>2:00 Allen & Kyrsten Carlson Music</p>	<p>13</p> <p>9:45 Senior-cises 10:15 Dueling Mah-jong 11:15 Morning Messages</p> <p>2:00 Birthday BINGO and treats</p>	<p>14</p> <p>1:00 Movie "Reel Steel" and Popcorn</p>
<p>15</p> <p>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</p> <p>2:00 Piano Student Performance</p>	<p>16</p> <p>9:45 Chair Yoga 10:15 Board Games 11:15 Morning Messages</p> <p>2:00 Alaska SeaLife Center Virtual Tour</p>	<p>17</p> <p>10:00 Bible Study with Paul Puzzles and games (2nd floor)</p> <p>2:00 St. Patrick's Day Party with Shamrock Shakes</p> <p><small>St. Patrick's Day</small></p>	<p>18</p> <p>9:45 Rosary 10:00 Catholic Mass</p> <p>2:00 "Fried Green Tomatoes" Movie and snack</p>	<p>19</p> <p>9:45 Morning Move and Groove 10:15 Memory Munchers 11:15 Morning Messages</p> <p>2:30 Patrick Rasmussen Music</p>	<p>20</p> <p>9:45 Friday Fit and Flex 10:30 Music Memories with Kristen</p> <p>2:00 BINGO and treats</p> <p><small>Spring Begins</small></p>	<p>21</p> <p>1:00 Movie "An Affair to Remember" and Popcorn</p>
<p>22</p> <p>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</p> <p>2:00 TLC Music Performance</p>	<p>23</p> <p>9:45 Chair Pilates 10:15 Dice Games 11:15 Morning Messages</p> <p>2:00 Chip & Dip Social</p>	<p>24</p> <p>10:00 Bible Study with Paul Puzzles and games (2nd floor)</p> <p>2:30 Brian and Dave Music</p>	<p><u>Mass at West</u> 25</p> <p>10:00 Social Hour</p> <p>2:30 Lutheran Service with Pastor Soule</p>	<p>26</p> <p>9:45 Sit and Be Fit 10:15 Roll a Rainbow Race 11:15 Morning Messages</p> <p>11:45 HOOVER visit</p> <p>2:00 Canvas Painting</p>	<p>27</p> <p>9:45 Senior-cises 10:15 Dominos 11:15 Morning Messages</p> <p>2:00 BINGO and treats</p>	<p>28</p> <p>1:00 Movie "Breaking Away" and Popcorn</p>
<p>29</p> <p>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</p> <p>1:00 "Mud" movie</p> <p><small>Palm Sunday</small></p>	<p>30</p> <p>9:45 Chair Yoga 10:15 Shut the Box 11:15 Morning Messages</p> <p>2:00 Jeopardy and Treats</p>	<p>31</p> <p>10:00 Bible Study with Paul Puzzles and games (2nd floor)</p> <p>2:00 Craft: Door Decor</p>	 <p>March 2026 Quilting Month and Music Therapist Month</p>			