

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Heart Month and Winter Olympics

|  |  |   |   |   |  |  |
|--|--|---|---|---|--|--|
| 1<br>10:30 Gentle Shepherd Ministries (Lutheran)<br>11:00 Catholic Communion with Vince<br>1:00 "Flubber" Movie<br>Tu B'Shevat Begins      | 2<br>9:45 Chair Yoga<br>10:15 Wheel of Fortune<br>11:15 Morning Messages<br><b>2:30 VINE Music</b><br>Groundhog Day  | 3<br>10:00 Bible Study with Paul<br>Puzzles and games (2nd floor)<br>2:00 Make PB bird feeders for national feed the birds day<br>Carrot Cake Day   | 4<br>9:45 Rosary<br>10:00 Catholic Mass<br>2:30 Lutheran Service with Pastor Ken Mellon               | 5<br>9:45 Morning Move and Groove<br>10:15 Shut the Box<br>11:15 Morning Messages<br><b>2:00 Allen and Kyrsten Carlson Music</b><br>WEAR RED For Heart Month  | 6<br>9:45 Friday Fit and Flex<br><b>10:30 Music Memories with Kristen</b><br><b>2:00 BINGO and treats</b><br>Winter Olympics Begins  | 7<br>1:00 Movie "The Old Barn Dance" and Popcorn<br>John Deere "Birthday" 1804 |
| <b>Happy Birthday TJ!</b><br>8<br>10:30 Gentle Shepherd Ministries (Lutheran)<br>11:00 Catholic Communion with Vince<br>Super Bowl Viewing | 9<br>9:45 Chair Pilates<br>10:15 Rummikub<br>11:15 Morning Messages<br><b>2:00 Pizza Party and Puzzles</b><br>Pizza Lovers Day   | 10<br>10:00 Bible Study with Paul (2nd Floor)<br>2:00 Hosanna Lutheran Service<br>2:30 Olympic Games  | <b>Mass at West</b><br>10:00 Resident Counsel: Discuss March Activities<br>2:00 Social Hour           | 11<br>9:45 Sit and Be Fit<br>10:15 Uno! Cards<br>11:15 Morning Messages<br><b>11:45 HOOVER visit</b><br>12<br>9:45 Senior-cises<br>10:15 Candy Hearts Roll and Cover<br>11:15 Morning Messages<br><b>2:00 Birthday BINGO and treats</b><br>Backyard Bird Watching Day | 13<br>WEAR RED For Heart Month<br>9:45 Senior-cises<br>10:15 Candy Hearts Roll and Cover<br>11:15 Morning Messages<br><b>2:00 Birthday BINGO and treats</b><br>Backyard Bird Watching Day          | 14<br>1:00 Movie "The Notebook" and Popcorn<br>Valentine's Day                 |
| 15<br>10:30 Gentle Shepherd Ministries (Lutheran)<br>11:00 Catholic Communion with Vince<br>1:00 "Kindness is Contagious" Movie            | 16<br>9:45 Chair Yoga<br>10:15 Yahtzee!<br>11:15 Morning Messages<br><b>2:00 Kennedy Assassination Documentary and conflicting evidence discussion</b><br>Presidents' Day (U.S.) | 17<br>10:00 Bible Study with Paul (1st floor)<br>Puzzles and games (2nd floor)<br><b>2:00 Fat Tuesday Festivities</b><br>Ramadan Begins<br>Mardi Gras<br>Chinese New Year (Year of the Horse) | <b>No Mass</b><br><b>Happy Birthday Raymond!</b><br>10:00 Movie<br>2:00 Armchair travel to Singapore! | 18<br>9:45 Morning Move and Groove<br>10:15 Olympic Games<br>11:15 Morning Messages<br><b>2:00 Craig Blackstad Music</b>  | 19<br>WEAR RED For Heart Month<br><b>Happy Birthday Kay B!</b><br>9:45 Friday Fit and Flex<br><b>10:30 Music Memories with Kristen</b><br><b>2:00 BINGO and treats</b><br>Celebrate Caregivers Day | 20<br>12:30 Piano and Violin Performance<br>Sticky Bun Day                     |
| 22<br>10:30 Gentle Shepherd Ministries (Lutheran)<br>11:00 Catholic Communion with Vince<br>1:00 "Miracle" Movie<br>End of Winter Olympics | 23<br>9:45 Chair Pilates<br>10:15 Dice Games<br>11:15 Morning Messages<br><b>2:00 Tootsie Roll BINGO</b><br>Tootsie Roll Day 1896  | 24<br>10:00 Bible Study with Paul (1st floor)<br>Puzzles and games (2nd floor)<br><b>2:00 Jim Kozan Music</b>   | <b>Mass at West</b><br>10:00 Social Hour<br>2:30 Lutheran Service with Pastor Soule                   | 25<br>9:45 Sit and Be Fit<br>10:15 Dueling Mahjong<br>11:15 Morning Messages<br><b>11:45 HOOVER visit</b><br>2:00 Therapy Dog Visit<br>3:00 Music Trivia<br>Johnny Cash Day 1932  | 26<br>WEAR RED For Heart Month<br>9:45 Senior-cises<br>10:15 Sorry! Board Game<br>11:15 Morning Messages<br><b>2:00 Flipping Flapjacks! (Let's eat pancakes for national flapjack Friday)</b>      | 27<br>1:00 Movie "Five Minutes to Live" and Popcorn<br>28                      |

Assisted Living

\*Activities subject to change; changes posted to the white board daily