

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 Airway Aerobics 10:00 6,5,4 Dice 11:00 Morning Messages 2:00 New Years Disco Balls New Year's Day	2 9:45 Stretch and Flex 10:30 Music Memories with Kristen 2:00 Brain Games and Paper Puzzles	3 9:45 Morning Messages 10:00 Ring Toss 10:45 Chicken Soup for the Soul 2:00 Staff Choice Activity
4 10:00 Gentle Shepherd Ministries (Lutheran) 10:30 Catholic Communion with Vince 2:00 BINGO and treats	5 9:45 Chair Yoga 10:00 Bean Bag Twister 11:00 Morning Messages 2:30 Vine Music	6 Happy Birthday Diane VI 9:45 Roll and Restore 10:00 Ba-noodle 11:00 Morning Messages 2:00 Sensory Sand Play 3:00 Manicure Madness	7 9:45 Rosary 10:00 Catholic Mass 11:00 Morning Messages 2:30 Lutheran Service with Pastor Horneber	8 9:45 Airway Aerobics 10:00 Kick-a-cross 11:00 Morning Messages 2:00 Music with Allen and Kyrsten	9 9:45 Senior-cises 10:00 Snowball Toss 11:00 Morning Messages 2:00 Blue Line Love National Law Enforcement Appreciation Day	10 9:45 Morning Messages 10:00 Banoodle 10:45 Chicken Soup for the Soul 2:00 Staff Choice Activity
11 10:00 Gentle Shepherd Ministries (Lutheran) 10:30 Catholic Communion with Vince 2:00 BINGO and treats	12 9:45 Chair Pilates 10:00 Racing Rings 11:00 Morning Messages 2:00 Snowman Craft 3:00 Manicure Madness	13 9:45 Move and Groove 10:00 Card Craze 11:00 Morning Messages 2:00 Hosanna Lutheran Service 2:30 Armchair Travel: Alaska National Rubber Ducky Day	14 Mass at West 9:45 Morning Messages 10:00 Memory Munchers 2:00 Table Top Takeaways	15 9:45 Airway Aerobics 10:00 Batting Balloons 11:00 Morning Messages 2:30 Patrick Rasmussen Music	16 9:45 Stretch and Flex 10:30 Music Memories with Kristen 2:00 Music Trivia and Treats	17 9:45 Morning Messages 10:00 Time Slips Program 2:00 Staff Choice Activity
18 10:00 Gentle Shepherd Ministries (Lutheran) 10:30 Catholic Communion with Vince 2:00 BINGO and treats	19 9:45 Chair Yoga 10:00 Parachute Popcorn 11:00 Morning Messages 2:00 Roam from Home: The Beatles at Shea Stadium National Popcorn Day Martin Luther King Jr. Day	20 9:45 Roll and Restore 10:00 Ball Bounce 11:00 Morning Messages 2:00 Music with Brian and Dave 3:00 Manicure Madness	21 Happy Birthday Doug W 9:45 Rosary 10:00 Catholic Mass 11:00 Morning Messages 2:00 Paint and Puzzles	22 9:45 Airway Aerobics 10:00 Kick Ball 11:00 Morning Messages 2:00 Juice and Jeopardy National Polka Dot Day	23 9:45 Senior-cises 10:00 Fishing Frenzy 11:00 Morning Messages 2:00 Yeti or Not	24 9:45 Morning Messages 10:00 Compliment Cards 10:45 Chicken Soup for the Soul 2:00 Staff Choice Activity National Compliment Day
25 10:00 Gentle Shepherd Ministries (Lutheran) 10:30 Catholic Communion with Vince 2:00 BINGO and treats	26 9:45 Chair Pilates 10:00 Go Fish Friends 11:00 Morning Messages 2:00 Activities Week Kick Off! Take a Tropical Trip Australia Day (Observed)	27 9:45 Move and Groove 10:00 Dueling Decades 11:00 Morning Messages 2:00 Jim Kozan Music (dining room) Decade Day Dress-up!	28 Mass at West 9:45 Morning Messages 10:00 Brain Games and Paper Puzzles 2:00 Slumber Party Games Slumber Party PJ Day!	29 9:45 Airway Aerobics 10:00 Guess who? by the clue Mystery Madness 11:00 Morning Messages 2:00 Paper People Puzzles 3:00 Manicure Madness	30 9:45 Stretch and Flex 10:00 Super Ba-noodle 11:00 Morning Messages 2:00 Build a Super Hero Dice Game Super-hero dress-up!	31 9:45 Morning Messages 10:00 Double Dice 10:45 Chicken Soup for the Soul 2:00 Staff Choice Activity