


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <p>Thyroid Awareness &amp; Glaucoma Awareness Month</p>				<div>1</div> <div>1:00 Movie: "The Family Stone" and treats</div> <div>New Year's Day</div>	<div>2</div> <div>Happy Birthday Wendy W!</div> <div>9:45 Stretch and Flex 10:15 Uno! 11:15 Morning Messages</div> <div>2:00 BINGO and treats</div>	<div>3</div> <div>9:45 Movie "The Pacifier"</div> <div>Room reserved 12:45-5</div>
<div>4</div> <div>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</div>	<div>5</div> <div>Happy Birthday David A!</div> <div>9:45 Chair Yoga 10:15 Dueling Dice 11:15 Morning Messages</div> <div>2:30 Vine Music</div>	<div>6</div> <div>9:45 Move and Groove 10:15 Sorry! Board Game 11:15 Morning Messages</div> <div>2:00 Snacks and Resident Counsel: Discuss February Ideas</div>	<div>7</div> <div>9:45 Rosary 10:00 Catholic Mass</div> <div>2:30 Lutheran Service with Pastor Horneber</div>	<div>8</div> <div>9:45 Airway Aerobics 10:15 Rummikub 11:15 Morning Messages</div> <div>2:00 Music with Allen and Kyrsten 3:00 Manicure Madness</div>	<div>9</div> <div>9:45 Senior-cises 10:30 Music Memories with Kristen</div> <div>2:00 BINGO and treats</div> <div>National Law Enforcement Appreciation Day</div>	<div>10</div> <div>9:45 Movie "Hello Dolly" and Popcorn</div> <div>Room Reserved 11-4</div>
<div>11</div> <div>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</div>	<div>12</div> <div>9:45 Chair Pilates 10:15 6,5,4 Dice Dash 11:15 Morning Messages</div> <div>2:00 Trivia and Treats 3:00 Tai Chi for Arthritis and Fall Prevention Tutorial</div>	<div>13</div> <div>Happy Birthday Carol V!</div> <div>9:45 Roll and Restore 10:15 Trouble Board Game 11:15 Morning Messages</div> <div>2:00 Hosanna Lutheran Service 2:30 Armchair Travel: Alaska</div> <div>National Rubber Ducky Day</div>	<div>14</div> <div>Mass at West</div> <div>10:00 Think Tank Reminiscing</div> <div>2:00 Movie "Cool Runnings" and Puffcorn</div>	<div>15</div> <div>Happy Birthday Lois GH!</div> <div>9:45 Forever Fit 10:15 Picture Perfect Paintings 11:15 Morning Messages</div> <div>2:00 Patrick Rasmussen Music 3:00 Manicure Madness</div>	<div>16</div> <div>9:45 Stretch and Flex 10:15 Card Craze 11:15 Morning Messages</div> <div>2:00 Birthday BINGO and treats</div> <div>National Fig Newton Day</div>	<div>17</div> <div>1:00 Movie "Honey, I Shrunk the Kids" and Popcorn</div>
<div>18</div> <div>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</div>	<div>19</div> <div>Happy Birthday Irene J!</div> <div>9:45 Chair Yoga 10:15 Dueling Dice 11:15 Morning Messages</div> <div>2:00 Roam From Home: The Beatles at Shea Stadium</div> <div>National Popcorn Day Martin Luther King Jr. Day</div>	<div>20</div> <div>9:45 Move and Groove 10:15 Scrabble Board Game 11:15 Morning Messages</div> <div>2:00 Music by Brian and Dave</div>	<div>21</div> <div>9:45 Rosary 10:00 Catholic Mass</div> <div>2:00 Movie "George of the Jungle" and puffcorn</div>	<div>22</div> <div>Happy Birthday Luz P!</div> <div>9:45 Airway Aerobics 10:15 Neat Nails 11:15 Morning Messages</div> <div>2:00 "Juicy" Jeopardy</div> <div>National Polka Dot Day</div>	<div>23</div> <div>9:45 Senior-cises 10:30 Music Memories with Kristen</div> <div>2:00 BINGO and treats</div>	<div>24</div> <div>1:00 Movie "The Moon Spinners" and Popcorn</div> <div>National Compliment Day I like your smile!</div>
<div>25</div> <div>10:30 Gentle Shepherd Ministries (Lutheran) 11:00 Catholic Communion with Vince</div>	<div>26</div> <div>9:45 Chair Pilates 10:15 6,5,4 Dice Dash 11:15 Morning Messages</div> <div>2:00 Activities Week Kick Off! Take a Tropical Trip</div> <div>Australia Day (Observed)</div>	<div>27</div> <div>Happy Birthday Bev N!</div> <div>9:45 Roll and Restore 10:15 Chinese Checkers 11:15 Morning Messages</div> <div>2:00 Jim Kozan Music (dining room) Decade Day Dress-up!</div>	<div>28</div> <div>Mass at West</div> <div>10:00 Slumber Party PJ Day! Movie "My Favorite Martian" and snacks</div> <div>2:30 Lutheran Service with Pastor Soule</div>	<div>29</div> <div>9:45 Forever Fit 10:15 Guess who? by the clue Mystery Madness</div> <div>11:15 Morning Messages</div> <div>2:00 Unsolved Case Files 3:00 Manicure Madness</div>	<div>30</div> <div>9:45 Stretch and Flex 10:15 Build a Super-hero 11:15 Morning Messages</div> <div>2:00 BINGO and treats</div> <div>Super-hero dress-up!</div>	<div>31</div> <div>1:00 Movie "The Princess Bride" and Popcorn</div>