

AUTUMN LANE

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Small Group Activities vary based on resident preferences and may include these and/or other activities: puzzles, crafts, trivia, games, read aloud, coloring, cards, outdoor time, visiting/remiscing, etc.		Underlined activities take Place in Assisted Living. CALENDAR SUBJECT TO CHANGE *Changes will be posted on the bulletin board in the Dining Room.	1 NEW YEAR'S DAY <i>No scheduled activities.</i> 	2 10:00 Rosary 10:15 Morning Messages 10:30 Seniorcise 10:45 Small Group Crafts 2:00 Birthday Party with Beth Wilson 3:30 Individual Resident Visits	3 10:15 Morning Messages 10:30 Seniorcise 10:45 Mind Stretchers 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Bingo	4 10:00 Seniorcise & Games 10:30 Small Group 11:00 Individual Resident Visits
5 10:15 Social Time 10:30 Church 1:15 Individual Resident Visits	6 CUDDLE UP DAY Wear cuddly sweater/sweatshirt! 10:15 Morning Messages 10:30 Seniorcise 10:45 Small Group Crafts 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Bingo	7 10:15 Morning Messages 10:30 Seniorcise 10:45 Small Group Choice 1:30 Kindergarteners Visit 2:30 Coffee & Social Time 3:15 Fancy Nails	8 10:15 Morning Messages 10:30 Seniorcise 10:45 Mind Stretchers 1:45 Coffee & Social Time 2:30 Church – Loren Clobes 3:30 Individual Resident Visits	9 10:00 Rosary 10:15 Morning Messages 10:30 Seniorcise 10:45 Snowflake Craft 2:00 Music Therapy 3:15 Coffee & Social Time	10 10:15 Morning Messages 10:30 Seniorcise 10:45 Mind Stretchers 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Bingo	11 10:00 Seniorcise & Games 10:30 Small Group 11:00 Individual Resident Visits
12 10:15 Social Time 10:30 Church 1:15 Individual Resident Visits	13 10:15 Morning Messages 10:30 Seniorcise 10:45 Small Group Crafts 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Music Appreciation	14 10:15 Morning Messages 10:30 Seniorcise 10:45 Sensory Exploration 1:30 Individual Resident Visits 2:00 Cletus Goblirsch Performs 3:15 Fancy Nails	15 10:15 Morning Messages 10:30 Seniorcise 10:45 Mind Stretchers 1:45 Coffee & Social Time 2:30 Church – John Peterson 3:30 Individual Resident Visits	16 10:00 Rosary 10:15 Morning Messages 10:30 Seniorcise 10:45 Snowman Craft 1:30 – 3:30 Massages & Relaxation 3:30 Coffee & Social Time	17 10:00 Bob's Sing-Along 11:15 Morning Messages 1:30 – 3:30 Massages & Relaxation 3:30 Coffee & Social Time	18 10:00 Seniorcise & Games 10:30 Small Group 11:00 Individual Resident Visits
19 10:15 Social Time 10:30 Church 1:15 Individual Resident Visits	20 10:15 Morning Messages 10:30 Seniorcise 10:45 Small Group Crafts 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Music Appreciation	21 10:15 Morning Messages 10:30 Beth's Sing-Along 1:30 Individual Resident Visits 2:30 Assisted Living Birthday Party with Allen Carlson 3:45 Fancy Nails	22 10:15 Morning Messages 10:30 Seniorcise 10:45 Mind Stretchers 1:45 Coffee & Social Time 2:30 Church – Trish Reedstrom 3:30 Individual Resident Visits	23 10:00 Rosary 10:15 Morning Messages 10:30 Seniorcise 10:45 Valentine Craft 2:00 Music Therapy 3:15 Coffee & Social Time	24 10:00 Bob's Sing-Along 11:15 Morning Messages 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Bingo	25 10:00 Seniorcise & Games 10:30 Small Group 11:00 Individual Resident Visits
26 10:15 Social Time 10:30 Church 1:15 Individual Resident Visits	27 10:15 Morning Messages 10:30 Seniorcise 10:45 Small Group Crafts 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Music Appreciation	28 9:15 Active Mind Session 1 10:30 Morning Messages 11:00 Seniorcise 11:15 Sensory Exploration 1:30 Making & Baking 2:30 Coffee & Social Time 3:15 Fancy Nails	29 10:15 Morning Messages 10:30 Seniorcise 10:45 Mind Stretchers 1:45 Coffee & Social Time 2:30 Church – Trish Reedstrom 3:30 Individual Resident Visits	30 9:15 Active Mind Session 2 10:00 Rosary 10:30 Morning Messages 11:00 Seniorcise 11:15 Mind Stretchers 2:00 Bob's Sing-Along 3:15 Coffee & Social Time	31 9:15 Active Mind Session 3 10:30 Morning Messages 11:00 Seniorcise 11:15 Mind Stretchers 1:30 Individual Resident Visits 2:15 Coffee & Social Time 3:00 Bingo	