

Oak Terrace Activities News

August 2019

CHANGES

Catholic Mass:

You won't see Catholic Mass on your Activities calendar anymore. Instead, if there's Mass that week, there will be a sign on the bulletin board by the elevator the day or two before.

Grocery Store:

We will be going to Cub Foods instead of Hy-Vee on Wed. Aug. 14th and Wed. Aug. 28th.

Individual Resident Visits:

We're coming to visit you! In order to get to know you better, Activities staff will come see you and ask some questions about you, and then we'll get your "bio" printed and hung by your apartment.

Yoga:

No Yoga in August; Julie will be traveling.

Stretches:

Stretches on Monday and Thursday mornings.

Bible Study:

At Marie's request, Bible Study will begin at 10:00 a.m. on Tuesdays.

KEEP IN MIND...

"It is not how much you do, but how much love you put into what you do that counts."

-Mother Teresa

YOU ARE LOVED!

EXTRA! EXTRA! READ ALL ABOUT IT!

Fair-Well to Summer Party: Thursday, August 29, 2019

Invite your family and join your friends for Oak Terrace's Fair-Well to Summer Party! Tasty fair food and treats, entertainment, carnival games, and prizes will fill your afternoon with good fun and great company! Watch the bulletin board for more information as we get closer to August 29th.

SOME SPECIAL EVENTS

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| Aug. 1 st | Autumn Lane Birthday Party with Beth Wilson |
| Aug. 2 nd | Dollar Tree |
| Aug. 5 th | Melissa Schulz Performs (piano) |
| Aug. 7 th | Hy-Vee |
| Aug. 8 th | Ice Cream Social |
| Aug. 9 th | Bob's Sing-Along |
| Aug. 9 th | Walmart |
| Aug. 13 th | Bob Dickhudt Performs |
| Aug. 14 th | Cub Foods |
| Aug. 15 th | Coffee & Nails |
| Aug. 16 th | Karaoke with Mary Anne Dundas |
| Aug. 16 th | Cards with Beth & Brad |
| Aug. 20 th | Assisted Living Birthday Party with The VINE Garage Band |
| Aug. 21 st | Hy-Vee |
| Aug. 22 nd | Out for Lunch at Perkins |
| Aug. 22 nd | Beth's Sing-Along |
| Aug. 23 rd | Bob's Sing-Along |
| Aug. 27 th | MOVIE – "The Music Man" |
| Aug. 28 th | Cub Foods |
| Aug. 29 th | FAIR-WELL TO SUMMER PARTY |
| Aug. 29 th | Valley Woodwinds Quintet Performs |