



Independence When You Want It, Assistance When You Need It

Oak Terrace Senior Living of Jordan May Newsletter

Community Highlights

Missing Letters

Fill in the missing letters to identify these words associated with Mother's Day.

F _ _ E N _

H _ G

_ E A _ T _ F _ _

_ O V _

F _ O _ _ R _

S _ _ D _ Y

C _ R _

C _ _ D _

C _ L _ B _ _ T _

H _ _ R T

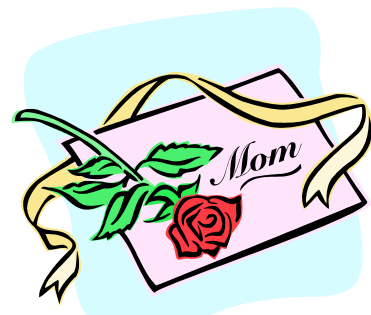
_ H _ L _ R _ N

_ A M _ _ Y

G _ _ N _ M _ T H _ _

H _ N _ R

H _ M _



ANSWERS:

Friend, beautiful, flowers, card, celebrate, children, grandmother, home, hug, love, Sunday, candy, heart, family, honor

May Birthdays



Leona L. – 5/24

Jeanne F. – 5/25

Dorothy G.-5/31

April Showers bring May Flowers. May is here! May is a month of mystery in itself. It is usually chalked full of inclement weather. Though it has gloomy days it also has nice days which bring us closer to summer ☺

We have lots planned for May so be sure to look at your calendar daily!! Ladies don't forget to have your families RSVP for the Mother's Day Afternoon Delight by Friday, May 3rd!

Life is too short. Enjoy it and have fun. Forgive your friends. Love by heart. Laugh out loud. Do everything that makes you smile. Enjoy the new month and be cool. Have a Blessed May!!

May Event Highlights

- 5/1-Target
- 5/3-Out of this world Coffee Hour
- 5/4-Have You Heard Of Coffee Hour
- 5/4-Cinco De Mayo Social
- 5/7-Outback Steakhouse Outing
- 5/7-Lemonade Social
- 5/8-Coborn's Outing
- 5/9-Concertina Fun
- 5/10-Mother's Day Afternoon Delight
- 5/13-Fishing Opener Social
- 5/14-Lemonade Social
- 5/15-Walmart
- 5/16-Spring Cleaning Bingo
- 5/16-Allen Carlson Performance
- 5/20-Have You Herd of Coffee Hour
- 5/20-Tommy;s Malt Shop Outing
- 5/21-Lemonade Social
- 5/22-Radermacher's Outing
- 5/23-Red Nose Social
- 5/24-Bingo and Beer
- 5/28-Kohl's Department Store
- 5/28-Lemonade Social
- 5/29-Target
- 5/30-Resident Birthday Party

Autumn Lane News

The outdoor patio looks so inviting! We are excited to go outdoors and experience all of the senses of the great outdoors!

It is important that we have a blessing from family members to take a resident on an outing. Families please contact Jamie Archibald to approve these bus rides. 952-492-4614.

May Events Highlights

- 5/3-Out of this World Coffee Hour
- 5/6-Cinco De Mayo Social
- 5/7-Becky & Kids
- 5/9-Concertina Fun
- 5/10-Mother's Day Afternoon Delight'
- 5/13-Fishing Opener Social
- 5/14-Music W/Pastor Steve
- 5/13-Bauer Fine Arts Dance
- 5/16-Spring Cleaning Bingo
- 5/16-Allen Carlson Performance
- 5/21-Becky & Kids
- 5/23-Red Nose Social
- 5/23-Cock-A-Doodle Zoo
- 5/30- Resident Birthday Party



Oak Terrace April was a Great Month!!



Older Americans Month – Safe Today. Healthy Tomorrow

Older adults have made countless contributions and sacrifices to ensure a better life for future generations. Since 1963, communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes older Americans for their contributions and demonstrates our nation's commitment to helping them stay healthy and active.

This year's theme for Older Americans Month is

“Safe Today. Healthy Tomorrow.” The theme focuses on injury prevention and safety to encourage older adults to protect themselves and remain active and independent for as long as possible.

Unintentional injuries to this population result in at least 6 million medically treated injuries and more than 30,000 deaths every year. With an emphasis on safety during Older Americans Month, we encourage older adults to learn about the variety of ways they can avoid the leading causes of injury, like falls. Oak Terrace provides services, support, and resources to older adults year-round.

Source: ALFA

