



Independence When You Want It, Assistance When You Need It

Oak Terrace Senior Living of Jordan May Newsletter

Missing Letters

Fill in the missing letters to identify these words associated with Mother's Day.

F _ _ E N _

H _ G

_ E A _ T _ F _ _

_ O V _

F _ O _ _ R _

S _ _ D _ Y

C _ R _

C _ _ D _

C _ L _ B _ _ T _

H _ _ R T

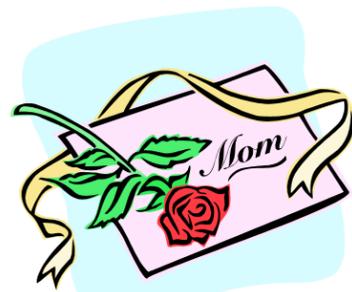
_ H _ L _ R _ N

_ A M _ _ Y

G _ _ N _ M _ T H _ _

H _ N _ R

H _ M _



ANSWERS:

Friend, beautiful, flowers, card, celebrate, children, grandmother, home, hug, love, Sunday, candy, heart, family, honor

Community Highlights

April showers better bring us May flowers!

It's a good thing we have great company around us to get through the dreary and rainy days. You may have noticed that some new residents have moved in please introduce yourself and welcome them. You just may find out that you actually know them.

Please remember to vote for your staff. You can return them to the front desk or the activities department, we value your opinion.

Schwan's will be here on the 2nd and 4th Wednesday of the month, in the front lobby.

May Event Highlights

- 5-1 Borough Bowl Resturant
- 5/2-Target
- 5/3-Allen&Matt Carlson Performance
- 5/9-Radermachers
- 5/9-Lemonade Social
- 5/10-Concertina Fun
- 5/16-Walmart
- 5/17-Singing Cowgirl Performance
- 5/18-Beer and Bingo
- 5/21 Resident Council
- 5/21 Resident Birthday Party
- 5/22 Breakfast Happy Hour
- 5/22 Red Lobster
- 5/23 Coborn's
- 5/23 Lemonade Social
- 5/30 Target

May Birthdays



Jean -5/2
Jeanne - 5/25

Autumn Lane News

The outdoor patio looks so inviting! We are excited to go outdoors and experience all of the senses of the great outdoors!

If this rain continues on and on our plan B is to bake some comfort food to get us by. Either way we will be happy and content!

5/3 Allen & Matt Carlson Performance

5/4 May Day Social

5/11 Root Beer on the Patio

5/17 Singing Cowgirl

5/18 Friday Social

5/21 Resident Birthday Party

5/25 Lemonade on the Patio



It's all Fun & Games!

Older Americans Month 2018 – Safe Today. Healthy Tomorrow

Older adults have made countless contributions and sacrifices to ensure a better life for future generations. Since 1963, communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes older Americans for their contributions and demonstrates our nation's commitment to helping them stay healthy and active.

This year's theme for Older Americans Month is

“Safe Today. Healthy Tomorrow.” The theme focuses on injury prevention and safety to encourage older adults to protect themselves and remain active and independent for as long as possible.

Unintentional injuries to this population result in at least 6 million medically treated injuries and more than 30,000 deaths every year. With an emphasis on safety during Older Americans Month, we encourage older adults to learn about the variety of ways they can avoid the leading causes of injury, like falls.

While Oak Terrace provides services, support, and resources to older adults year-round, Older Americans Month offers an opportunity for us to provide specialized information and services around the important topic of injury prevention. This information will help older adults take control of their safety and live longer, healthier lives.

Throughout the month, Oak Terrace will providing tips on how to avoid the leading causes of injury.

Source: ALFA

