

# October



| week 4               | Sunday<br>10/8/2017   | Monday<br>10/9/2017  | Tuesday<br>10/10/2017  | Wednesday<br>10/11/2017   | Thursday<br>10/12/2017   | Friday<br>10/13/2017  | Saturday<br>10/14/2017   |
|----------------------|---|--|--|---|--|---|--|
| Breakfast            | French Toast<br>Sausage Links<br>Omelet<br>Fruit<br>Cereal                              | Toast<br>Sausage Patty<br>Fried Egg<br>Fruit<br>Cereal       | Waffle<br>Bacon<br>Yogurt<br>Fruit<br>Cereal   | Pancake<br>Omelet<br>Fruit<br>Cereal                                      | Cinnamon Roll<br>Sausage Links<br>Hard Cooked Egg<br>Fruit<br>Cereal         | Breakfast Skillet<br>Scrambled Egg<br><b>Toast</b><br>Fruit<br>Cereal     | Coffeecake<br>Bacon<br>Fried Egg<br>Fruit<br>Cereal                          |
| Lunch                | Seasoned Chicken Thigh<br>Stuffing, Gravy<br>Green Bean Casserole<br>Dinner Roll<br>Pie | Chef Salad<br><br>Breadstick<br>Dessert                      | <b>Bacon Wrapped Burger</b><br><b>Diced Potato</b><br><b>Cauliflower</b><br><b>Buttered Bread</b><br>Dessert | Glazed Pork Loin<br>Barley<br>Carrots<br>Dinner Roll<br>Pie               | Orange Chicken<br>White Rice<br>Mixed Vegetable<br>Fortune Cookie<br>Dessert | Crab Cake<br>Augratin Potato<br>Harvard Beets<br>Bread, Butter<br>Dessert | Meatloaf, Gravy<br>Scalloped Potato<br>Asparagus<br>Bread, Butter<br>Dessert |
| Alternate**          | Vegetable   | Entrée<br>Wax Beans  |  | Cottage Cheese  | Entrée   | BLT Sandwich  | Cream Style Corn   |
| Breakfast for Dinner |   |  |  |   |  |   |  |
| Supper               | Sloppy Joe/Bun<br>Potato Chips<br>Pasta Salad<br><br>Canned Fruit                       | Soup of Day<br>Ham Salad<br>Sandwich<br>Pickles<br>Ice Cream | Creamy Chicken Stew<br>Green Beans<br><br>Biscuit<br>Fresh Fruit   | <b>Crab Pasta Salad</b><br>Sliced Tomatoes<br>Breadstick<br><br>Jello W/C | Riblett<br>BBQ Sauce<br>French Fries<br>Pea & Cheese Salad<br>Pudding W/C    | Denver Omelet<br>Sausage Patty<br>Muffin<br><br>Fruit                     | Pizza<br>Lettuce salad<br><br>Cookie   |
| Alternate**          | Baked Beans   | Entrée   | Salad  | Sausage Gravy/Biscuit<br>Tomato Soup                                      | Entrée<br>Vegetable  | Entrée  | Entrée<br>Squash   |

\*Menu Subject to Change