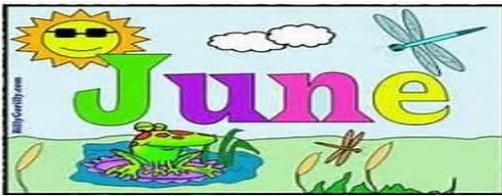


Oak Terrace Tidbits



Activity Corner

Well, we had a little taste of cooler and rainy weather, now we're due for some nice sun, right?! All we can do is hope for it! With the nicer weather we can enjoy more fun outdoor activities! We have some of your favorite places to visit planned this month with a visit to the **Dam Store** for pie, a trip to observe the **buffalo**, a drive to **Sibley Park** to see the animals and have ice cream, a trip to **Culver's** for a cool refreshing sundae and out to lunch at "**Westwood**". Then, of course, we'll take our regular monthly trip to Walmart and Dollar Tree.

We've got some excellent entertaining lined up as well, starting with **Ralph Campbell** for the Birthday party! Then, **Johnny Bird**, "the man with many hats" will be performing. His picture is still up on the board and I'm sure you'll remember him! **Loren Wolfe** is back from the Twin Cities and **Lauren Sandeen** will be here to share her wonderful vocal talent. And you'll be doubly delighted when **Bob Dickhudt** (our Choir Director) joins us to sing while we enjoy delicious Culver's sundaes (donated by Culver's)!! We will also be going just outside Oak Terrace to have s'mores while sharing **camp fire stories!!** We'll come up with some good stories, but would love it if you shared one as well!! Creepy, funny, scary ..we love them all. So, watch your calendars for all the fun!

Those of you who are Catholic might not want to miss church on **June 22nd**. Father Paul, Loraine & Vince have requested you stay a little longer to visit with them and have a **coffee time**. We'll make the coffee and Loraine has thoughtfully offered to make homemade bread. So please make sure you stay and converse with those who come so faithfully to give you Rosary, Communion and the word of God! Ps. Julie is back twice again this month with yoga and massages! I know you love those massages, so encourage others to check it out and let's pack that room full! So enjoy the warmer weather and the sun!!

From your Activity Bugs!!



- 1st A.L. Birthday Party with Beth Wilson
- 2nd Outing to **Culver's** for sundaes
- 6th Ralph Campbell entertaining: **Birthday Party**
- 8th **Yoga** with Julie Dickhudt
- 8th Summer **Spelling Bee / Prizes**
- 9th Outing to See the  Buffalo / Ice Cream
- 13th Johnny Bird Performing  "Man of Many Hats"
- 15th Out for Lunch- **Westwood**
- 15th Outside:  S'mores served & Camp fire Stories and more
- 16th Loren Wolfe Performing
- 19th Joe Marcotte on Guitar 
- 20th Outing to the **Dam Store for Pie**
- 21st  After Catholic Church will be Social Time with Father Paul, Loraine & Vince
- 22nd **Yoga** a with Julie Dickhudt
- 22nd Outing to Sibley Park & Ice Cream 
- 23rd **Walmart** & Dollar Tree-shopping
- 26th Lauren Sandeen sings for us!!
- 27th Bob Dickhudt sings for us & free ice cream sundaes from **Culver's**
- 29th Sing Along with Beth Wilson



Vitamin D is a Must-Have for Seniors!!

Essential for strong bones, vitamin D is produced by the body in response to **sunlight**. It helps the body absorb calcium, which is critical to bone strength and health. **Getting enough vitamin D through sunlight**, diet or supplements can help prevent falls and fractures, autoimmune disorders, high blood pressure and some cancers.

We also need vitamin D to help our muscles move, regulate cell growth, carry messages thru nervous system and fight infection.

A mid morning walk on a sunny summer day will get you the recommended dose of sunshine. While you're out and about, check out the garden area behind the dining room. and take time to smell the roses. It's looking beautiful. Or just find a comfortable chair in the sunshine, sit back and enjoy!



Make Sure you say

Happy Birthday

to all our OT residents who have a



Birthday!!!

- | | |
|------------------------|------------------------|
| Eileen Aabel | 4th |
| Therese Breiter | 7th |
| Lola Johnston | 8th |
| Collen Nessler | 14th |
| Joe Walsh | 25th |
| Mary Como | 28th |
| Dick Breiter | 28th |



LET'S LAUGH

"You don't stop laughing because you grow old. You grow old because you stop laughing."

~ Michael Pritchard

Things to Do With Dad Word Search

V	V	C	A	M	P	I	N	G	I	U	C	I	E	M	D	P	BASEBALL
W	P	O	O	L	O	Q	I	D	R	B	M	V	G	E	I	F	BBQ
E	H	N	C	X	U	W	X	D	E	V	C	N	Z	N	Y	O	BOWLING
B	E	F	V	U	C	E	S	U	N	I	B	A	G	W	H	O	CAMPING
O	G	N	I	H	S	I	F	Q	N	V	L	P	A	O	J	T	CUDDLE
I	G	A	M	E	S	C	B	C	I	V	O	T	C	T	M	B	DINNER
P	F	Q	G	S	K	G	I	V	D	N	C	K	S	T	X	A	EATOUT
G	L	P	N	M	W	P	A	N	G	H	E	J	H	L	L	L	FISHING
J	O	L	I	Q	M	K	X	R	T	Y	R	J	L	W	A	L	FOOTBALL
T	G	A	T	T	R	H	B	V	D	M	R	A	C	H	H	Z	GAMES
T	W	Y	N	A	U	U	B	B	V	E	B	B	C	F	I	Q	GARDENING
K	S	B	U	N	E	O	Q	Q	N	E	N	A	W	H	K	C	GOLF
N	T	A	H	K	G	L	T	L	S	J	X	I	R	N	I	Q	HIKING
T	R	L	K	J	N	C	D	A	A	G	R	P	N	P	N	Q	HOCKEY
D	O	L	U	S	K	R	B	D	E	K	L	A	T	G	G	G	HUNTING
X	P	G	N	I	L	W	O	B	U	U	R	E	C	C	O	S	KITEFLYING
V	S	Y	A	R	D	W	O	R	K	C	V	I	P	O	N	T	PICNIC
H	R	X	V	K	K	I	T	E	F	L	Y	I	N	G	D	A	PINGPONG
																	PLAYBALL
																	POOL
																	SOCCER
																	SPORTS
																	TALK
																	WATCHTV
																	YARDWORK

All About Puzzles
puzzles.about.com

Dam Pie Time



Noah's Ark @ Good Shepard Visit



Red Lobster

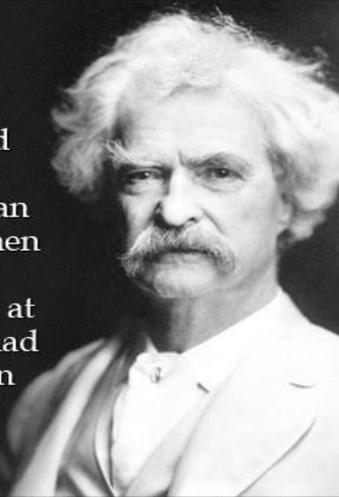


Happy
Father's
Day

to all the dads out there.

"When I was a boy of 14, my father was so ignorant I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much he had learned in seven years."

— Mark Twain



Nonviolent Communication - NVC Academy - nvcacademy.com

**Another Oak Terrace
Guess Who??**



Girl Scouts

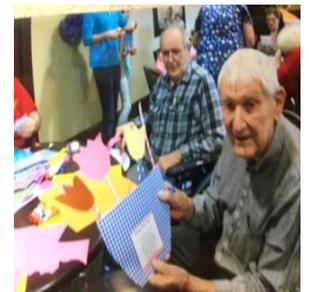
helping to plant flowers



Jessica's Jewelry



Making yarn balls



Summer Word Scramble

cabhe _____

otrshs _____

wmar _____

sghnfii _____

gncmiap _____

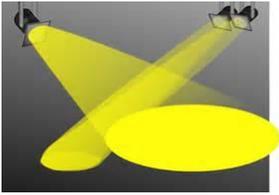
ivncaot _____

simw _____

elwot _____

rmots _____

watmelson _____



Spotlight on:

DONNA PETERSON

Donna Marie Franske was born in 1923 at the Mankato Hospital. Her father worked at a lumber mill and her Mother was a nurse. She had one sister, Lois, who has passed away now. Donna had a good childhood growing up. She remembers walking about 10 blocks to and from St. Peter and Paul's grade school with her sister. Sometimes they would stop for a doughnut and charge it. Her parents always wondered why their bill was so high! Her Mom made sure they ate healthy though. She remembers always having carrots! Another funny thing she recalls doing with her cousin involved sneaking out of the house to get the old truck to practice driving. They thought it was great fun to drive thru the cows to stir them up!!

Donna graduated from Good Counsel High School, an all-girls school. She has always been a faithful member of the Catholic Church and taken her faith very seriously!

Donna had six children! The oldest is Gary Peterson of Mankato who owns Carpet Care Takers. He has 2 children & 2 grandchildren. Tom Peterson is the second son who is married to Radah. They live in North Mankato and he's retired from the Mankato Post Office. They had 4 children and now have 2 grandchildren! Her third child is Pam who is married to Joe Willaert. They live in Mankato and have 4 children and 4 grandchildren! Joe is now retired from working at Eide Bailey, an accounting firm and Pam worked for 25 years as a preschool teacher. Donna's 4th child is Judy,

and she's married to Gary Bulhuis. He worked for the city of Mankato and Judy worked for National Poly Plastics. They had 3 children. Her 5th born is Rich and he's married to Cheri. She worked as a Day Care Provider and Rich is now retired from the Head of City Works Department. They live in North Mankato and had 4 children and have 8 Grandchildren! Last but not least is Linda whose is married to Bill Schuster. They live in Anoka. Linda works as a day care provider and Bill is with the Home Store. They had 3 children and 4 Grandchildren! Her youngest daughter Linda is the one that still takes Donna to the casino!

Some fun facts about Donna are that she lived in the same house in North Mankato for 66 years, she worked for the City of North Mankato as a clerk of court for 21 years and was secretary for Bob Ringhofer, as well as being involved with the development of flood control for North Mankato! She retired from there in 1985 and then worked for Bolten & Mink as a secretary for them for 4 years. Her eyes were then getting bad from macular degeneration and they slowly got worse. She loved to play bridge, swim, knit, garden work and volley ball! She was even in a dance group that would perform at nursing homes. Donna absolutely loves music and enjoyed dancing! One of the favorite things she liked to do included taking the family, grandchildren and all up north to a cabin to enjoy time with them! She did that for around 10 years! She's a family person and is the happiest when she is with them! So in all Donna has 21 Grandchildren and 24 Great Grandchildren! How's that for a big family?!

