



Independence When You Want It, Assistance When You Need It

Oak Terrace Senior Living of Jordan May Newsletter

Missing Letters

Fill in the missing letters to identify these words associated with Mother's Day.

F _ _ E N _

H _ G

_ E A _ T _ F _ _

_ O V _

F _ O _ _ R _

S _ _ D _ Y

C _ R _

C _ _ D _

C _ L _ B _ _ T _

H _ _ R T

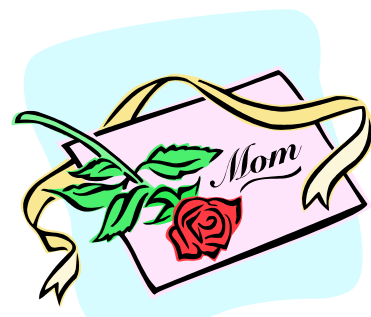
_ H _ L _ R _ N

_ A M _ _ Y

G _ _ N _ M _ T H _ _

H _ N _ R

H _ M _



ANSWERS:

Friend, beautiful, flowers, card, celebrate, children, grandmother, home, hug, love, Sunday, candy, heart, family, honor

Community Highlights

April Showers bring May Flowers. May is here! May is a month of mystery in itself. It is usually chalked full of inclement weather. Though it has gloomy days it also has nice days which bring us closer to summer ☺

We have lots planned for May so be sure to look at your calendar daily!! Ladies don't forget to have your families RSVP for the Mother's Day Brunch on May 6th!

Life is too short. Enjoy and have fun. Forgive your friends. Love by heart. Laugh out loud. Do everything that makes you smile. Enjoy the new month and be cool. Have a Blessed May!!

May Event Highlights

5/1- Hawaiian Coffee Hour
5/1- Hawaiian Social
5/2- Crooked Pint Ale House Restaurant
5/3- Walmart

5/3- Bingo with St John's
5/5- The Singing Cowgirl
5/5- Cinco De Mayo Bingo
5/6- Mother's Day Brunch
5/6- Men's Pizza Party
5/9- Dress Barn & Macy Department Store
5/10- Town Errands to Radermacher's
5/10- Bailey's Buddy Social
5/11- Concertina Fun
5/12- Resident Birthday Party
5/15- MN Landscape Arboretum
5/16- Fleet Farm
5/17- Walmart
5/18- Allen & Matt Carlson Performance
5/19- Resident Council
5/19- Bingo & Beer
5/19- Bauer Academy Piano Recital
5/23- Bingo W/Cheerleaders
5/24- Town Errands to Coborn's
5/24- Lemonade Social
5/25- Beach Bingo
5/25- Beach Happy Hour
5/25- Grill Out
5/25- Bonfire & S'mores
5/30- Tommy's Malt Shop
5/31- Target

May Birthdays



Jean R. – 5/2

Jeanne F. – 5/25

Autumn Lane News

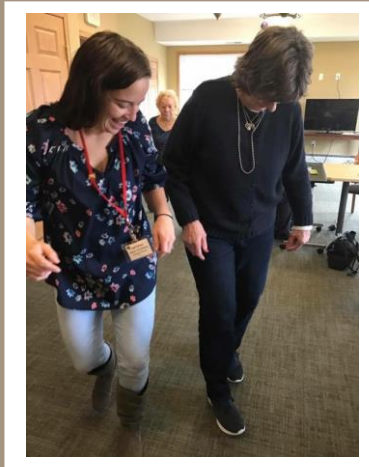
The outdoor patio looks so inviting! We are excited to go outdoors and experience all of the senses of the great outdoors!

It is important that we have a blessing from family members to take a resident on an outing. Families please contact Jamie Archibald to approve these bus rides. 952-492-4614.

May Events Highlights

- 5/1- Hawaiian Coffee Hour
- 5/1- Hawaiian Social
- 5/3- Morning Bus Ride

- 5/3- Bingo W/St John's
- 5/5- The Singing Cowgirl
- 5/5- Cinco De Mayo Bingo
- 5/6- Mother's Day Brunch
- 5/6- Men's Pizza Party
- 5/9- Perkins for Breakfast
- 5/11- Concertina Fun
- 5/12 Resident Birthday Party
- 5/18- Allen & Matt Carlson
- 5/19- Resident Council
- 5/19- Ice Cream Social
- 5/19- Bauer Academy Piano Recital
- 5/23 Picnic in the Park
- 5/23- Bingo W/Cheerleaders
- 5/25- Beach Bingo
- 5/25- Beach Happy Hour
- 5/25- Grill Out
- 5/25- Bonfire & S'mores
- 5/26- Friday Social



It's all Fun & Games!

Oak Terrace April was a Great Month!!



Older Americans Month – Safe Today. Healthy Tomorrow

Older adults have made countless contributions and sacrifices to ensure a better life for future generations. Since 1963, communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes older Americans for their contributions and demonstrates our nation's commitment to helping them stay healthy and active.

This year's theme for Older Americans Month is

“Safe Today. Healthy Tomorrow.” The theme focuses on injury prevention and safety to encourage older adults to protect themselves and remain active and independent for as long as possible.

Unintentional injuries to this population result in at least 6 million medically treated injuries and more than 30,000 deaths every year. With an emphasis on safety during Older Americans Month, we encourage older adults to learn about the variety of ways they can avoid the leading causes of injury, like falls. Oak Terrace provides services, support, and resources to older adults year-round.

Source: ALFA